

# Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Mental Performance 8-9:00 am	Skills / On Ice 8-9:00 am	Leadership 8-9:00 am	Skills / On Ice 8-9:00 am		
	Learning Lab 8:00 AM – 3:30 PM					
	Performance & Cognitive Training 11:00 AM – 8:00 PM					
8	9	10	11	12	13	14
	Mental Performance 8-9:00 am	Skills / On Ice 8-9:00 am	Mobility 8-9:00 am	Skills / On Ice 8-9:00 am		
	Learning Lab 8:00 AM – 3:30 PM					
	Performance & Cognitive Training 11:00 AM – 8:00 PM					
15	16	17	18	19	20	21
	Mental Performance 8-9:00 am	Skills / On Ice 8-9:00 am	Guest Speaker 8-9:00 am	Skills / On Ice 8-9:00 am		
	Learning Lab 8:00 AM – 3:30 PM					
	Performance & Cognitive Training 11:00 AM – 8:00 PM					
22	23	24	25	26	27	28
	Mental Performance 8-9:00 am	Skills / On Ice 8-9:00 am	Life Skills 8-9:00 am	Skills / On Ice 8-9:00 am		
	Learning Lab 8:00 AM – 3:30 PM					
	Performance & Cognitive Training 11:00 AM – 8:00 PM					

